## Claims

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1. An optical waveguide structure comprising a core layer having a first refractive index  $n_{core}$ , and an array of sub-regions within the core layer having a second refractive index  $n_{rods}$ , the array of sub-regions extending longitudinally along the waveguide and giving rise to a photonic band structure within the core layer, wherein:

$$n_{rods}$$
- $n_{core} > 0.1$ .

2. An optical waveguide structure according to claim 1, wherein the waveguide structure is a planar waveguide structure, the core layer being formed between a cladding layer and a buffer layer, the cladding layer having a third refractive index  $n_{cladding}$ , and the buffer layer having a fourth refractive index  $n_{buffer}$ , wherein:

$$n_{rods} > n_{core} > n_{cladding}$$
 and  $n_{buffer}$ .

3. An optical waveguide structure according to claim 1, wherein the waveguide structure is an optical fibre, further comprising a cladding layer having a third refractive index n<sub>cladding</sub>, surrounding the core layer, wherein:

$$n_{rods} > n_{core} > n_{cladding}$$
.

- 4. An optical fibre according to claim 3, wherein the cladding layer is planarised in the vicinity of the array of sub-regions, the array of sub-regions extending through the planarised cladding layer and into the core layer.
- 5. An optical waveguide structure according to claim 1, wherein the array of subregions gives rise to a photonic bandgap.
  - 6. An optical waveguide structure according to claim 1, wherein the sub-regions are formed from silicon.
- 30 7. An optical waveguide structure according to claim 1, wherein the core layer is formed from silicon nitride, silicon oxynitride, doped silica, tantalum pentoxide or doped tantalum pentoxide.

- 8. An optical waveguide structure according to claim 2 or 3, wherein the cladding layer is formed from silicon dioxide.
- 9. A planar optical waveguide structure according to claim 2, wherein the sub regions extend through the cladding layer as well as the core layer.
  - 10. A planar optical waveguide structure according to claim 2, wherein the subregions extend partially into the buffer layer.
- 10 11. An optical waveguide structure according to claim 2 or 3, wherein the cladding layer includes sub-regions corresponding to the sub-regions in the core layer, having a refractive index which is greater than or equal to the refractive index of the cladding layer but which is less than or equal to the refractive index of the core.
- 15 12. An optical waveguide structure according to claim 1, wherein the array of subregions are arranged in a square lattice.

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- 13. An optical waveguide structure according to claim 1, wherein the core layer includes a waveguiding region having no sub-regions.
- 14. An optical waveguide structure according to claim 10, wherein the waveguiding region includes a bend.
- 15. An optical device incorporating an optical waveguide structure according to claim 1.
  - 16. A method of manufacturing a optical waveguide structure comprising the steps of:
    - providing a core layer having a first refractive index n<sub>core</sub>;
- forming an array of holes in the core layer extending longitudinally along the waveguide; and

filling the holes with a material having a second refractive index  $n_{rods}$ , wherein:  $n_{rods}$ - $n_{core}$  > 0.1.

17. A method according to claim 16, wherein the optical waveguide is a planar waveguide, the method further including the steps of:

providing a buffer layer having a refractive index  $n_{\text{buffer}}$  on one side of the core layer; and

providing a cladding layer having a refractive index  $n_{cladding,}$  on the other side of the core layer, wherein:

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$$n_{rods} > n_{core} > n_{cladding}$$
 and  $n_{buffer}$ .

18. A method according to claim 16, wherein the optical waveguide is an optical fibre, the method further including the steps of:

providing a cladding layer having a refractive index  $n_{\text{cladding}}$ , surrounding the core layer, wherein:

$$n_{rods} > n_{core} > n_{cladding}$$
.

19. A method of guiding an optical signal comprising the step of passing an optical signal through a waveguiding region of an optical waveguide structure comprising a core layer having a first refractive index n<sub>core</sub>, and an array of sub-regions within the core layer extending longitudinally along the waveguide having a second refractive index, n<sub>rods</sub>, the array of sub-regions giving rise to a photonic band structure within the core layer, wherein:

$$n_{rods}$$
- $n_{core} > 0.1..$ 

20. A method according to claim 19, wherein the waveguide is a planar waveguide, wherein the core layer is formed between a cladding layer and a buffer layer, the cladding layer having a third refractive index  $n_{cladding}$ , and the buffer layer having a fourth refractive index  $n_{buffer}$ , and wherein:

$$n_{rods} > n_{core} > n_{cladding}$$
 and  $n_{buffer}$ .

21. A method according to claim 19, wherein the optical waveguide is an optical fibre, wherein a cladding layer has a third refractive index n<sub>cladding</sub>, and surrounds the core layer, and wherein:

$$n_{rods} > n_{core} > n_{cladding}$$
.

22. An optical waveguide structure comprising a core layer having a first refractive index  $n_{core}$ , and a 2-dimensional array of sub-regions within the core layer having a

second refractive index  $n_{rods}$ , the array of sub-regions extending longitudinally along the waveguide and giving rise to a photonic band structure within the core layer, wherein:

$$n_{rods} > n_{core}$$
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- 23. An optical waveguide structure according to claim 22, wherein  $n_{rods}$ - $n_{core}$  > 0.1.
- 24. An optical waveguide structure according to claim 22 or 23, wherein the waveguide structure is a planar waveguide structure, the core layer being formed between a cladding layer and a buffer layer, the cladding layer having a third refractive index  $n_{cladding}$ , and the buffer layer having a fourth refractive index  $n_{buffer}$ , wherein:

$$n_{rods} > n_{core} > n_{cladding}$$
 and  $n_{buffer}$ .

25. An optical waveguide structure according to any one of claims 22-24, wherein the waveguide structure is an optical fibre, further comprising a cladding layer having a third refractive index  $n_{cladding}$ , surrounding the core layer, wherein:

$$n_{rods} > n_{core} > n_{cladding}$$
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26. A method of manufacturing a optical waveguide structure comprising the steps of:

providing a core layer having a first refractive index n<sub>core</sub>;

forming a 2-dimensional array of holes in the core layer extending longitudinally along the waveguide structure;

filling the holes with a material having a second refractive index n<sub>rods</sub>, wherein:

 $n_{rods} > n_{core}$ 

- 27. A method according to claim 26, wherein  $n_{rods}$ - $n_{core}$  > 0.1.
- 28. A method according to claim 26 or 27, wherein the optical waveguide is a planar waveguide, the method further including the steps of:

providing a buffer layer having a refractive index  $n_{\text{buffer}}$  on one side of the core layer; and

providing a cladding layer having a refractive index  $n_{\text{cladding}}$ , on the other side of the core layer, wherein:

$$n_{rods} > n_{core} > n_{cladding}$$
 and  $n_{buffer}$ .

**29.** A method according to any one of claims 26-28, wherein the optical waveguide is an optical fibre, the method further including the steps of:

providing a cladding layer having a refractive index  $n_{\text{cladding}}$ , surrounding the core layer, wherein:

$$n_{rods} > n_{core} > n_{cladding}$$
.

30. A method of guiding an optical signal comprising the step of passing an optical signal through a waveguiding region of an optical waveguide structure comprising a core layer having a first refractive index n<sub>core</sub>, and a 2-dimensional array of sub-regions within the core layer extending longitudinally along the waveguide having a second refractive index n<sub>rods</sub>, the array of sub-regions giving rise to a photonic band structure within the core layer, wherein:

 $n_{rods} > n_{core}$ 

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- 31. A method according to claim 30 wherein  $n_{rods}$ - $n_{core}$  > 0.1.
- 32. A method according to claim 30 or 31, wherein the waveguide is a planar waveguide, wherein the core layer is formed between a cladding layer and a buffer layer, the cladding layer having a third refractive index n<sub>cladding</sub>, and the buffer layer having a fourth refractive index n<sub>buffer</sub>, and wherein:

25 33. A method according to any one of claims 30-32, wherein the optical waveguide is an optical fibre, wherein a cladding layer has a third refractive index  $n_{cladding}$ , and surrounds the core layer, and wherein:

$$n_{rods} > n_{core} > n_{cladding}$$
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